

Coaches Meeting

Virtual - Google Meet / LAHS Main Gym Wednesday, October 19, 2022 @ 6:30-7:00 pm & 7:30-9:00 pm

Subu Gupta

Practice Slots/Gym Use (20m) Arun Shankar a. Allocation of practice times b. Respect our facilities & other users (gym set-up & clean-up) c. Adhere to practice times (especially end-time) and be cordial to fellow coaches Tie Kim a. Coaching Tips (10m) Tie Kim a. Coaching Tenets b. Bakers dozen Tips c. Common Parent complaints Clinic at the Gym: 7:30 - 9:00 PM PCA Bob McFarlane Clinic (wear sneakers and be prepared to move) (90m) Bob McFarlane

*** Open Q&A following Coaches Clinic ***

Welcome